



# Family Support & Prevention Services

Youth Haven's Nurturing Families In-Home Parenting Program is a family strengthening, education and support program designed to assist parents in developing and maximizing their potential to meet the challenges of positive parenting. We assist families in overcoming obstacles and successfully achieving goals to put them on a positive path to providing an enriching, healthy home for their children. Youth Haven's In-Home Parenting program is the only program of its kind in Collier County. Our Case Managers are able to focus on the parents in their natural environment and effectively provide parenting education and support.

- Sessions are provided in English, Spanish or Creole
- Highly trained professional staff works in partnership with each family, focusing on their unique needs, goals and wishes
- A Case Manager will meet with each family in their home, once a week, for a 60-90 minute session
- Program cost is \$50

Services provided include:

- Parenting education & support
- Healthy relationships
- Stress management
- Substance Abuse
- Self esteem building
- Nutrition & development
- Home safety & child proofing
- Connections to community-based resources & other supportive services
- Limit setting & effective discipline techniques
- Psychological counseling & behavioral therapy referrals

For additional information or to enroll in the program, call Youth Haven's Family Support & Prevention Services office at (239) 774-2904 and ask for Kristin Carolan, Family Support & Prevention Services Supervisor.