



Prescription Drug Abuse

Signs of Substance Use

Different substances produce different symptoms, but a *change in behavior* is common in most cases.

- Red eyes, dilated pupils, pinpoint pupils; wearing sunglasses indoors
- Drug paraphernalia; smells of alcohol or chemicals
- Withdrawn, aggressive, rebellious
- Poor school or work performance
- Impaired memory and attention
- Gets sick easily; change in weight
- Change in eating or sleeping habits
- Change in routine, behavior, attitude
- Change in dress, appearance, grooming
- Change in friends
- Secretive about phone calls and activities
- Unexplained possession of money or expensive items; stealing; money or items missing